**How to insert data into the table using sql**

1. Insert into personal (id, name, birthdate, phone, gender)
2. Values ( 1, “Goku”, “1990-07-15” , “9898765654”, “m”)
3. Values ( 2, “luffy”, “1991-02-10” , “8976768954”, “m”)

**How to insert multiple data into the table using sql**

1. Insert into personal (id, name, birthdate, phone, gender)
2. VALUES
3. ( 3, “naruto”, “1991-10-05” , “7898543245”, “M”),
4. ( 4, “boa hancock”, “1992-03-25” , “7899876543”, “F”),
5. ( 5, “hinata”, “1992-02-07” , “9998887776”, “F”);